



Saint Paul
PUBLIC SCHOOL



COMO PARK

SENIOR HIGH SCHOOL

June 10, 2022 Newsletter



Get a summer's worth of rides on buses and light rail with a Summer Student Pass!

Any current 9-12th grade student at participating schools can get unlimited rides on buses and trains up to a \$3.25* fare. Passes are valid from June 1 through Sept. 6, 2022.

How do I get one?

Starting May 9, go to metrotransit.org/summer-pass to get more details about the pass and order one using a credit card. All you need is your school's name and your student ID number.

If you'd rather use cash, you can buy a Summer Student Pass at a Metro Transit Service Center. Call 612-373-3333 or visit metrotransit.org/service-centers for locations.

Have questions? A friendly transit expert can answer them. Give us a call at 612-373-3333.

* For fares higher than \$3.25, like some Northstar trips, just add stored value to your pass.

Participating students must agree to [Metro Transit's Code of Conduct](#).



Summer School Information

Students who need to make up credits required for graduation will be signed up for summer school by their counselor, please reach out to your student's counselor with any questions.

Summer school will be held at Como this year:

Session 1

June 27, 2022 to July 21, 2022

Session 2

July 25, 2022 to August 18, 2022

Attendance Requirements:

100% In Person (Schoology)

- students are allowed to miss 3 days of a Schoology course.
- if a student misses a 4th day they will not earn credit for the course.
- students who are 15 minutes late are counted as absent.

Library Year-End Info.



This summer be sure to take advantage of the 5000+ eBooks on MackinVia this summer. Click here: [MackinVia](#)





CLASS OF 2023

RISING SENIOR SUMMER SUCCESS PROGRAM

June 24: St. Paul College

July 28: North Hennepin Community College

August 5: St. Cloud Technical and Community College

This **free, limited-space** event includes transportation, breakfast, lunch, college prizes, and the opportunity to:

- Explore your career and college options after high school
- Visit local colleges and meet advisors and subject matter experts
- Leave with tools and resources for career and college planning
- Attend hands-on workshops lead by subject professionals regarding:
 - Researching post-high school college or career options
 - Federal Student Aid and how to access free money for college
 - Scholarship information
 - Free training programs
 - Personal statements and essay writing



Scan the QR code to sign up.





Preparing
Students for
Tomorrow.

Class of 2023: Rising Senior Summer Success Program

Attention Como Class of 2023! Join us for the Rising Senior Summer Success Program. This FREE event includes transportation, breakfast, lunch, college prizes, and the opportunity to:

- Explore your college or career options after high school
- Visit local colleges and meet advisors and subject matter experts
- Leave with tools and resources for career and college planning
- Attend hands-on workshops about: researching college or career options, Federal Student Aid and how to access free money or college, scholarship information, free training programs, and more.

Dates and Locations:

- June 24th at St. Paul College from 8:00 a.m. to 2:00 p.m.

The program is open to all Get Ready Como High School Class of 2023 students, but space is limited.

Interested students should complete the registration: <https://forms.gle/6r757xwWUdXaXTic8>

A completed parent permission slip is required for attendance:

<https://forms.gle/xxgw92LKRnYFmGFRA>

For questions or concerns, please contact the following Como Get Ready Coordinators:



Mai Chue Moua
Post Secondary Pathways Coordinator
She/Her/Hers
Email: mmoua.getr@spps.org
Call/Text: 651-706-6032



Steven Martinez Grande
Post Secondary Pathways Coordinator
He/Him/His
Email: smartinez.getr@spps.org
Call/Text: 651-706-6035



Looking for a Way to Give Back and Make a Difference This Summer?

Lyngblomsten is a non-profit organization that provides healthcare and housing for older adults, conveniently located in the Como area of St. Paul. We seeking volunteers age 13 and up (younger youth can volunteer with a parent) to assist our residents with fun and enriching activities this summer, such as playing games like cards and bingo with residents, pushing wheelchairs to activities within the buildings, helping with birthday parties and ice cream socials, and taking residents outdoors to visit.

Youth volunteering has many benefits, including enhancement of social skills, creating a sense of accomplishment and purpose, and exposure to positive role models. Even a small amount of time can make a big difference in the lives of our wonderful residents. Please consider joining us for a rewarding and positive experience this summer!

Contact Lyngblomsten Volunteer Services for more information: Jen Emerson at 651-632-5406 or jemerson@lyngblomsten.org.

Please note that in order to keep our residents safe and healthy, all volunteers must be up to date on COVID-19 vaccines.

!Attention All Juniors!

Required Immunization Alert

Incoming seniors for school year 2022-2023 are required to have their 2nd meningococcal shot (MCV4).

Please make arrangements with your health care provider to receive this required immunization this summer.

Resources for Immunizations:

Contact one of the following clinics to schedule an appointment for free or low cost immunizations:

- **Health Start Clinics**, located in SPPS high schools, 651-233-8951
- **MN Community Care**, multiple locations, 651-602-7500
- **Open Cities Health Center-North End**, 916 Rice St, 651-290-9200
- **Saint Paul-Ramsey County Public Health Immunization Clinic**, 555 Cedar, 651-266-1234
- **United Family Medicine Clinic**, 1026 W. 7th St, 651-758-9500
- **Saint Paul Public Schools Placement Center**, 2102 University Ave W, 651-632-3763
- **Immunization Resources for Families** - listing of various clinics that offer low-cost immunizations, along with hours and phone numbers





HELLO

Summer

Don't Worry!!

We can **STILL** see you during summer break for medical, nutritional, mental and health education services.

LOCATIONS:

Como, Washington and Gordon Parks
High Schools

Call the Health Start schedule line to
make an appointment

651-233-8951





We're hiring!

Do you have excellent customer service experience? Do you enjoy working with people? Do you like being part of a team? Come work with us!



L to R: Elton Turnage-Manuel, Box Office Manager; Victor Garcia Benitez, Associate House Manager; Kemi Ojelade, Season Ticket and Group Sales Manager; Caitlin Vogel, House Manager; PattiJo Verdeja, Director of Audience Services; Jon-Paul Schaut, Box Office Supervisor; Hunter Gullickson, Director of Guest Services

PHOTO: AARON THOMAS

We are hiring a variety of positions at \$15 – \$20 per hour. No theater experience required.

Benefits include a flexible schedule, free theater tickets, competitive pay and working with a fun team. Benefits for us? We get to work with you.



Scan the code to apply online or visit www.guthrietheater.org/work-with-us.



SEAK 2022

(Students Eagerly Acquiring Knowledge)

What to Expect

- 2-week immersive camp
- A chance to spend A LOT of time outside!
- To be fully immersed in your learning community
- Opportunities to learn about the North Shore, hiking, wilderness ethics, and field research
- To get out of your comfort zone
- Develop and complete a field research investigation for high school credit!



Quote from a past SEAKER:

Iva: "I personally have grown so much while being at the ridge. I was not sure what to expect when I first joined SEAK during my sophomore year of high school. Now, as I slip into the next school year as a senior, I can't begin to think of where I would be without SEAK or Wolf Ridge. I've discovered my love for the outdoors and science. I especially love the teaching style here; ...thank you for the chance to discover the world and all its beauty. The more I learn, the more I realize how much I do not know – encouraging my interest in knowledge and growth."

Interested in signing up? Contact David Stieler

Email: david.stieler@wolf-ridge.org

Phone: 218-353-7414 ext. 113



**WOLF
RIDGE™**
ENVIRONMENTAL
LEARNING CENTER





COMO PARK

SENIOR HIGH SCHOOL

Dear Como and Murray Parents,

Fall registrations are now open! We're excited to welcome student athletes to register for the Fall 2021 season. The season will officially start on August 15th. Please review the information below for more details.

Athletic Registration and Payment Procedure

There are a couple ways to register, you can register online or in person at the high school athletic office. In this link you will find our online athletic registration: [Como Park Online Registration Form](#). In order for your child to be eligible for participation, you will need a [Minnesota state high school league eligibility form](#), updated sports physical, and the sport fee of \$45, or \$20 for free and reduced lunch. If you're looking to pay the athletic fee in person, you can find Athletic Director Koua Yang and Assistant Athletic Director Brandon Kuether in room 1109 at Como Park High School. Our office hours are 9am to 4pm until the end of the school year. Starting August 2nd - August 13th, our office hours will be from 8:30am-1pm. Please enter through the main entrance and security will escort you to the athletic office.

For more information, you can visit our [school home page](#). If you have any questions, please feel free to call or email. Here is a list of coaches and their emails if you want to contact them directly for summer practices and regular season practices/tryout logistics:

Adapted Soccer (co-op w/Humboldt): Malachi Long / malachi.long@spps.org

***Cross Country Boys & Girls: Tim Kersey / kerseytimothy@gmail.com**

Football: Kirby Scull / kirby.scull@spps.org

Soccer Boys: Sunday Htoo / sunday.htoo07@gmail.com / Jonah Fields / jonah.fields@spps.org

Soccer Girls: TBD / Sumaya Mohamed (assistant) / sumaya.mohamed@spps.org

***Swimming Girls: Jon Tufte / jon.tufte@spps.org**

***Tennis Girls: Poem Vang / vangpoem@gmail.com & Kia Yang / kia.yang3@spps.org**

**Volleyball Girls: Hannah Wolf / hannahwolfy@gmail.com & Justine Revermann
justine.revermann@spps.org**

**** middle school (7th-8th graders) can participate***


Sincerely,

Koua Yang Athletic Director

koua.yang@spps.org

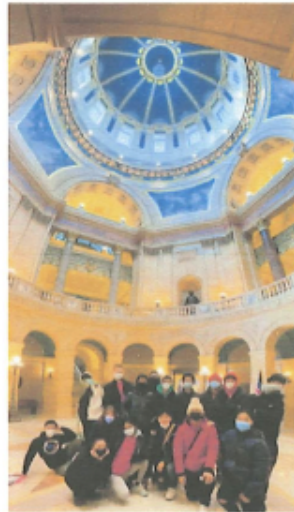


Hey you! Yes, YOU!

Do you want to go on adventures, make friends, and develop confidence and leadership? **SEE JROTC this September. SCAN THIS QR CODE** 



NOT CONVINCED YET? TAKE A LOOK AT THE THINGS WE DO BELOW!



Our opportunities include Scholarships, Community Service, Field Trips, Minnesota State Fair, Boating, Ice Fishing, Leadership Camps, Horseback Riding, Swimming, Canoeing, Rock Wall Climbing, Ice Hockey, Hiking, Sledding, Snow Shoeing, Winter festivals, Drill Competitions, Knowledge competitions, CyberPatriot, Orienteering, and MORE!



GREAT THINGS HAPPENING AT COMO



Both Como's boys' and girls' track & field teams finished 3rd in the St. Paul City Conference this season. At the Section 4AA Finals, Cougar track & field athletes set many personal records, earned dozens of medals, had lots of smiles, and put forth great effort. The hurdlers and relay teams shined, plus Charlie Power-Theisen won both the 1600M (1 mile) and 3200M (2 mile) races. As the Section Champion, he will represent Como in both events at the State Meet. Go Cougars!

Congratulations
Class of 2022

The senior BBQ and celebration was last Friday, June 3rd from 11:30-2:00. The senior class ate some delicious food, hung out with their classmates, and enjoyed yard games, DJ, and a dunk tank! They made some meaningful memories with their friends. Congrats seniors! You will be missed! Check out some pics from the event:

https://drive.google.com/drive/folders/1XRu87kl1_G28QKlqvWbsRlwIP_7gv8Bz?usp=sharing





Farewell to our MCJROTC cadets who honorably gave four years to the Como Park MCJROTC. Pictured from left to right is Aliser Paw, Nayblut Kasuh, Isaiah Cooper and Bilal "Billy" Ahmed. Three have joined the Armed forces and Bilal "Billy" Ahmed has plans to go into real estate. Semper fi!

The MCJROTC cadets alongside the Como Park Band and Como Park Choir were in support of the 2022 graduation ceremony at Roy Wilkins Auditorium Tuesday Evening.



Cadets from Como Park High School's Marine Corps JROTC celebrated their accomplishments together at Valleyfair Amusement Park along with hundreds of other students from St. Paul Public Schools and neighboring districts. It was a joyful conclusion to a remarkable school year!



Honor Your Graduate in the Park Bugle!



Celebrate your graduate's accomplishment by placing an ad in our July 2022 Park Bugle edition.

Go to: www.parkbugle.org/graduation-ads/

The online form is at the top of the page.

- Fill in the fields
- Upload a photo
File name should be student name, 300ppi, jpg or tif format
- Select size of ad
- Complete payment option

Two size/price options:
\$25 = 1 column x 1.625"
\$45 = 2 columns x 1.625"

All ads will be printed in black & white.

Deadline: Wednesday, June 8, 2022

***Deadline is extended to June 10, 2022.**

Parent Advisory Council 22-23

Come be involved in decisions about Como Park Senior High School.

We meet every 1st Monday of the month. The Parent Advisory Council (PAC) works together to provide input regarding school policies and school improvement. Parents are an integral part of developing our Family Engagement Plan, School Compact, and School Continuous Improvement Plan (SCIP). PAC also helps organize school events such as Family Fun Night and the Senior BBQ. For more information, contact Jamie Hoffman at jamie.hoffman@spps.org or 651-744-5529.

